

## Praying the Psalms

MR DeHaan 5 outlets of spiritual power...

What I \_\_\_\_\_

What I \_\_\_\_\_

What I \_\_\_\_\_

What I \_\_\_\_\_

What I \_\_\_\_\_

John Calvin wrote, *"Whatever may serve to encourage us when we are about to pray to God, is taught us in this book."*

**Psalm 5:1-3** Give ear to my words, O LORD, Consider my groaning. Heed the sound of my cry for help, my King and my God, For to You I pray. In the morning, O LORD, You will hear my voice; In the morning I will order *my prayer to You and eagerly watch.*

**Psalm 32:6** Therefore, let everyone who is godly pray to You in a time when You may be found;

**Psalm 65:2** O You who hear prayer, To You all men come.

1. Praying the Psalms is one of the stated and inherent \_\_\_\_\_ of the Psalms.

*"But if we stop there, we miss the main point of the Psalms: they are designed to be prayed."*  
Wenham

*"The one who prays the psalms is taking their words on his lips and saying them to God in a personal and solemn way."*

What about writing out your prayers? Steve Miester gives 4 reasons why He writes out his prayers...

*I write public prayers because \_\_\_\_\_.*

*I write public prayers because God \_\_\_\_\_.*

*I write public prayers to help keep the prayer \_\_\_\_\_.*

*I write public prayers to help keep Christians \_\_\_\_\_.*

2. Praying the Psalms keeps us \_\_\_\_\_ and \_\_\_\_\_ in our prayers.

### 3. Praying the Psalms imitates the \_\_\_\_\_ of Jesus

Psalm 22 Ps 31 Psalm 118

The Lords prayer

<sup>9</sup>Pray, then, in this way:

'Our Father who is in heaven,

Hallowed be Your name.

<sup>10</sup> 'Your kingdom come.

Your will be done,

On earth as it is in heaven.

<sup>11</sup> 'Give us this day our daily bread.

<sup>12</sup> 'And forgive us our debts, as we also have forgiven our debtors.

<sup>13</sup> 'And do not lead us into temptation, but deliver us from evil.

*For Yours is the kingdom and the power and the glory forever. Amen.'*

### 4. Praying the Psalms follows the example of other \_\_\_\_\_.

### 5. Praying the Psalms continues the trajectory of \_\_\_\_\_.

*"The use of the Psalms in private prayer and public worship is most eloquently advocated by Athanasius in his letter to Marcellinus. He wrote: Whatever your particular need or trouble, from this same book you can select a form of words to fit it, so that you not merely hear and then pass on, but learn the way to remedy your ill.<sup>5</sup> If you want to declare anyone to be blessed; you find the way to do it in Psalm 1, and likewise in 32, 41, 112, 119, and 128. If you want to rebuke the conspiracy of the Jews against the Saviour, you have Psalm 2. If you are persecuted by your own family and opposed by many, say Psalm 3; and when you would give thanks to God at your affliction's end, sing 4 and 75 and 116. When you see the wicked wanting to ensnare you and you wish your prayer to reach God's ears, then wake up early and sing 5.<sup>6</sup> Athanasius sees Psalm 32 as particularly appropriate at baptisms: "Whenever a number of you want to sing together, being all good and upright men, then use the 33rd ["Shout for joy in the LORD, O you righteous! / Praise befits the upright]." (Wenham)*

6. Praying the Psalms joins and harmonizes our voices in agreement \_\_\_\_\_.

7. Praying the Psalms provides an elevated and adequate \_\_\_\_\_ for our praise

8. Praying the Psalms teaches me to recount the workings of God in \_\_\_\_\_ and in \_\_\_\_\_.

9. Praying the Psalms helps me resolve the paradoxes and apparent contradictions of \_\_\_\_\_.

10. Praying the Psalms gives us an \_\_\_\_\_, well-rounded, balanced and boundaried prayer emphasis.

11. Praying the Psalms embodies almost all the \_\_\_\_\_

Most sermons on prayer focus on the following four facets of prayer.

The **privilege** of prayer (John 5:14-15)

The **power** of prayer (James 5:16-17)

The **pattern** of prayer (Matthew 6:9-13)

The **problems** of prayer (Psalms 66:18)

12. Praying the Psalms happens in \_\_\_\_\_.

Revelation 2:26, 27; 12:5; 19:15 15:4

13. Praying the Psalms provides \_\_\_\_\_ when there are no \_\_\_\_\_.